

THE

DASH

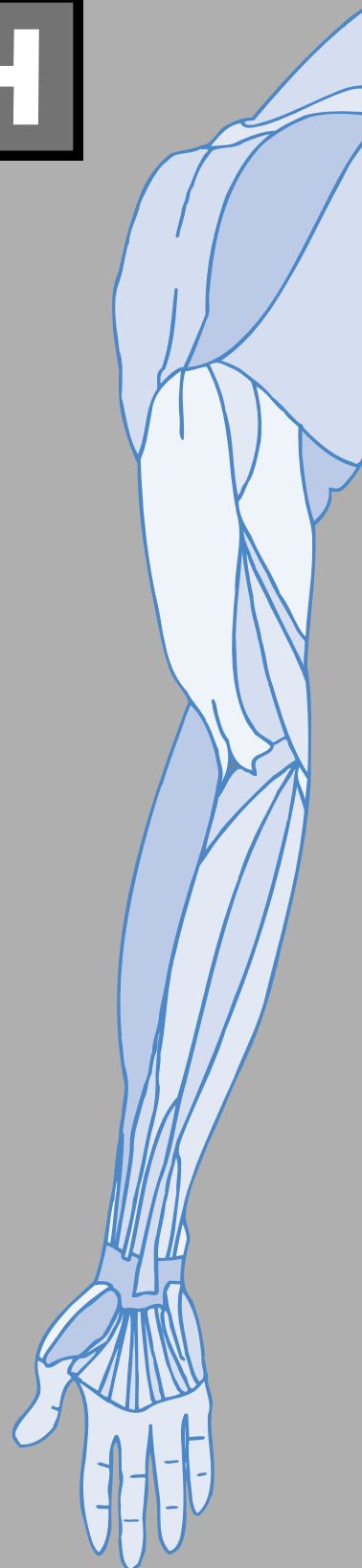
INSTRUCTIONS

This questionnaire asks about your symptoms as well as your ability to perform certain activities.

Please answer *every question*, based on your condition in the last week, by circling the appropriate number.

If you did not have the opportunity to perform an activity in the past week, please make your *best estimate* on which response would be the most accurate.

It doesn't matter which hand or arm you use to perform the activity; please answer based on your ability regardless of how you perform the task.



DISABILITIES OF THE ARM, SHOULDER AND HAND

SportsCare Physical Therapy, PC (516) 420-1927

Patient Name: _____

Date: _____

Please rate your ability to do the following activities in the last week by circling the number below the appropriate response.

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. Open a tight or new jar.	1	2	3	4	5
2. Write.	1	2	3	4	5
3. Turn a key.	1	2	3	4	5
4. Prepare a meal.	1	2	3	4	5
5. Push open a heavy door.	1	2	3	4	5
6. Place an object on a shelf above your head.	1	2	3	4	5
7. Do heavy household chores (e.g., wash walls, wash floors).	1	2	3	4	5
8. Garden or do yard work.	1	2	3	4	5
9. Make a bed.	1	2	3	4	5
10. Carry a shopping bag or briefcase.	1	2	3	4	5
11. Carry a heavy object (over 10 lbs).	1	2	3	4	5
12. Change a lightbulb overhead.	1	2	3	4	5
13. Wash or blow dry your hair.	1	2	3	4	5
14. Wash your back.	1	2	3	4	5
15. Put on a pullover sweater.	1	2	3	4	5
16. Use a knife to cut food.	1	2	3	4	5
17. Recreational activities which require little effort (e.g., cardplaying, knitting, etc.).	1	2	3	4	5
18. Recreational activities in which you take some force or impact through your arm, shoulder or hand (e.g., golf, hammering, tennis, etc.).	1	2	3	4	5
19. Recreational activities in which you move your arm freely (e.g., playing frisbee, badminton, etc.).	1	2	3	4	5
20. Manage transportation needs (getting from one place to another).	1	2	3	4	5
21. Sexual activities.	1	2	3	4	5

DISABILITIES OF THE ARM, SHOULDER AND HAND

Patient Name: _____

Date: _____

	NOT AT ALL	SLIGHTLY	MODERATELY	QUITE A BIT	EXTREMELY
22. During the past week, <i>to what extent</i> has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbours or groups? <i>(circle number)</i>	1	2	3	4	5

	NOT LIMITED AT ALL	SLIGHTLY LIMITED	MODERATELY LIMITED	VERY LIMITED	UNABLE
23. During the past week, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem? <i>(circle number)</i>	1	2	3	4	5

Please rate the severity of the following symptoms in the last week. *(circle number)*

	NONE	MILD	MODERATE	SEVERE	EXTREME
24. Arm, shoulder or hand pain.	1	2	3	4	5
25. Arm, shoulder or hand pain when you performed any specific activity.	1	2	3	4	5
26. Tingling (pins and needles) in your arm, shoulder or hand.	1	2	3	4	5
27. Weakness in your arm, shoulder or hand.	1	2	3	4	5
28. Stiffness in your arm, shoulder or hand.	1	2	3	4	5

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	SO MUCH DIFFICULTY THAT I CAN'T SLEEP
29. During the past week, how much difficulty have you had sleeping because of the pain in your arm, shoulder or hand? <i>(circle number)</i>	1	2	3	4	5

	STRONGLY DISAGREE	DISAGREE	NEITHER AGREE NOR DISAGREE	AGREE	STRONGLY AGREE
30. I feel less capable, less confident or less useful because of my arm, shoulder or hand problem. <i>(circle number)</i>	1	2	3	4	5

DASH DISABILITY/SYMPTOM SCORE = $\frac{(\text{sum of } n \text{ responses})}{n} - 1 \times 25$, where n is equal to the number of completed responses.

A DASH score may not be calculated if there are greater than 3 missing items.

DASH score: _____

DISABILITIES OF THE ARM, SHOULDER AND HAND

WORK MODULE (OPTIONAL)

The following questions ask about the impact of your arm, shoulder or hand problem on your ability to work (including homemaking if that is your main work role).

Please indicate what your job/work is: _____

☐ I do not work. (You may skip this section.)

Please circle the number that best describes your physical ability in the past week. Did you have any difficulty:

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. using your usual technique for your work?	1	2	3	4	5
2. doing your usual work because of arm, shoulder or hand pain?	1	2	3	4	5
3. doing your work as well as you would like?	1	2	3	4	5
4. spending your usual amount of time doing your work?	1	2	3	4	5

SPORTS/PERFORMING ARTS MODULE (OPTIONAL)

The following questions relate to the impact of your arm, shoulder or hand problem on playing *your musical instrument or sport or both*.

If you play more than one sport or instrument (or play both), please answer with respect to that activity which is most important to you.

Please indicate the sport or instrument which is most important to you: _____

☐ I do not play a sport or an instrument. (You may skip this section.)

Please circle the number that best describes your physical ability in the past week. Did you have any difficulty:

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. using your usual technique for playing your instrument or sport?	1	2	3	4	5
2. playing your musical instrument or sport because of arm, shoulder or hand pain?	1	2	3	4	5
3. playing your musical instrument or sport as well as you would like?	1	2	3	4	5
4. spending your usual amount of time practising or playing your instrument or sport?	1	2	3	4	5

Patient Name: _____

Date: _____

SportsCare Physical & Aquatic Therapy

Medical/Physical History Form

NECK/UPPER EXTREMITIES

Patient Name: _____ Diagnosis: _____ Date: _____

Age _____ Height: _____ inches Weight: _____ lbs.

Name of your doctor: _____ Type of doctor: Off

Date of Injury: _____ Date of Surgery: _____

History of present illness/injury/pain: _____

Primary Concern: (Why am I here for physical therapy): Off

Check all that apply:

1. Base level of function: ☐ house cleaning ☐ laundry ☐ reaching ☐ twisting hand/arm ☐ grasping ☐ lifting
(was able to do) ☐ taking off/putting on shirt/bra ☐ pushing object ☐ pulling object ☐ turning head

2. Functional limitation(s): ☐ house cleaning ☐ laundry ☐ reaching ☐ twisting hand/arm ☐ grasping ☐ lifting
(can't do) ☐ taking off/putting on shirt/bra ☐ pushing object ☐ pulling object ☐ turning head

Pain scale: (0 is best, 10 is worst)>>> worst: Off current: Off at best: Off

Pain description: Off Pain behavior in 24 hour cycle: Off Pain frequency: Off

Aggravating factors: Off

Better with: Off

General Health: Off

Previous history of similar symptoms: Off How many episodes? Off The year of 1st episode? _____

History of falls: Off how many? Off

Medical History: ☐ No know significant medical history

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Stroke | <input type="checkbox"/> Joint replacement | <input type="checkbox"/> Strain |
| <input type="checkbox"/> Diabetes Type I | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Sprain |
| <input type="checkbox"/> Diabetes Type II | <input type="checkbox"/> Obesity | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Bone fracture |
| <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Tendonitis |
| <input type="checkbox"/> Lupus | <input type="checkbox"/> Parkinson | <input type="checkbox"/> Muscular dystrophy | <input type="checkbox"/> Bursitis |
| <input type="checkbox"/> Alzheimer's/Dementia | <input type="checkbox"/> Traumatic brain injury | <input type="checkbox"/> Cancer | <input type="checkbox"/> Spinal surgeries |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Seizures | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Allergies: _____ |

Diagnostic Testing/Imaging: ☐ MRI ☐ CT scan ☐ X ray Findings: _____

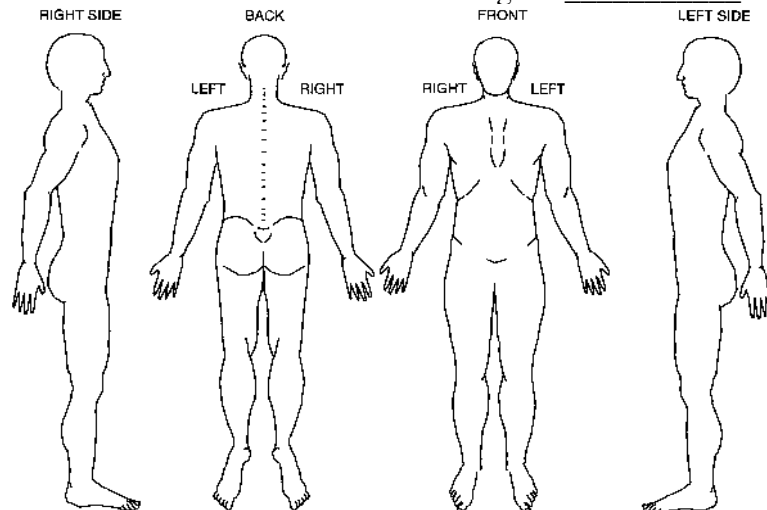
What are your goals in physical therapy? _____

Identify the area(s) of your concern by moving your cursor over the site(s) of your symptoms and checking them off (X) >>>

OFFICE USE ONLY

Off Total Score: _____ pts; _____ %

Off Total Score: _____ pts; _____ %



[illegible]



17131

PT/OT Patient Intake Form
(version 1.5)

www.palladianhealth.com/members

Palladian

Last name

First name

PLEASE COMPLETELY FILL IN THE ONE CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ●)

1. Why are you here today? If there are many reasons, please choose only the most important or most severe one.

- | | | | | |
|--------------------------------------|--------------------------------|-----------------------------|--|---|
| <input type="radio"/> Neck | <input type="radio"/> Shoulder | <input type="radio"/> Hip | <input type="radio"/> Stroke rehabilitation | Other (also indicate region)
<input type="radio"/> Post-surgical
<input type="radio"/> Fracture
<input type="radio"/> Other |
| <input type="radio"/> Upper/mid-back | <input type="radio"/> Elbow | <input type="radio"/> Knee | <input type="radio"/> Spinal cord rehabilitation | |
| <input type="radio"/> Lower back | <input type="radio"/> Wrist | <input type="radio"/> Ankle | <input type="radio"/> Neurologic rehabilitation | |
| | <input type="radio"/> Hand | <input type="radio"/> Foot | <input type="radio"/> Balance/coordination | |
| | | | | |

2. When did this problem first begin?

- ☐
- Less than 1 month ago
- ☐
- 1-3 months ago
- ☐
- 4-6 months ago
- ☐
- 7-12 months ago
- ☐
- More than 1 year ago

Has this problem...

No Yes

3. ... resulted from a work injury (i.e. workers' compensation insurance claim)?

☐ ☐

4. ... resulted from a motor vehicle accident (i.e. no fault insurance claim)?

☐ ☐

5. ... recently been evaluated by a medical doctor?

☐ ☐

Since this problem began, have you noticed...

No Yes

6. ... so much weakness in both your arms that you are unable to lift them?

☐ ☐

7. ... so much weakness in both your legs that you are unable to walk without help?

☐ ☐

8. ... difficulty controlling your bowel or bladder, or have you been unable to urinate?

☐ ☐

9. ... pain in your chest, shortness of breath, or coughing up blood?

☐ ☐

10. ... that one leg felt more warm, more swollen, more red, or more tender than the other?

☐ ☐

Have you recently...

No Yes

11. ... had blurred vision, double vision, dizziness, or fainting?

☐ ☐

12. ... had any type of infection, fever, or chills?

☐ ☐

13. ... had any type of surgery, surgical procedure, or medical procedure?

☐ ☐

14. ... lost a lot of weight without really trying to (i.e without being on a diet)?

☐ ☐

15. ... had any type of accident, fall, or trauma?

☐ ☐

Have you ever...

No Yes

16. ... been diagnosed with cancer?

☐ ☐

17. ... been diagnosed with osteoporosis (i.e. weak, soft, or brittle bones)?

☐ ☐

18. ... been diagnosed with a weakened immune system?

☐ ☐

19. ... used any injected drugs (i.e. non-prescription drugs)?

☐ ☐

20. ... used steroids such as prednisone for more than 4 weeks?

☐ ☐

Is this problem something that ...

No Yes

21. ... you've had before?

☐ ☐

22. ... generally gets worse (i.e more severe or frequent) with movement, activity, or exercise?

☐ ☐

23. ... generally gets better (i.e. less severe or frequent) with rest?

☐ ☐

24. ... was recently examined with diagnostic imaging tests such as x-rays, MRI scan, or CT scan?

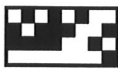
☐ ☐

25. ... is also being treated by a health professional other than a physical or occupational therapist?

☐ ☐

17131





47602

PT/OT Patient Outcomes Form
(version 1.5)

www.palladianhealth.com/members



Last Name		First name											
PLEASE COMPLETELY FILL IN THE <u>ONE</u> CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ●)													
		Excellent	Very good	Good	Fair	Poor							
1. In general, would you say your health is		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
The following questions are about activities you might do during a typical day.													
Does your health now limit you in these activities? If so, how much?													
2. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf		Yes, limited a lot	Yes, limited a little	No, not limited at all									
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>									
3. Climbing several flights of stairs		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>									
During the past week, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?													
4. Accomplished less than you would like		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
5. Were limited in the kind of work or other activities		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
During the past week, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?													
6. Accomplished less than you would like		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
7. Did work or other activities less carefully than usual		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
8. During the <u>past week</u> , how much did pain interfere with your normal work (including work outside the home and housework)?		Not at all	A little bit	Moderately	Quite a bit	Extremely							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
These questions are about how you feel and how things have been with you during the past week.													
For each question, please give the one answer that comes closest to the way you have been feeling.													
How much of the time during the <u>past week</u> ...		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
9. Have you felt calm and peaceful?		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
10. Did you have a lot of energy?		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
11. Have you felt downhearted and depressed?		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
12. During the <u>past week</u> , how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
How would you rate the severity of your main problem on a scale from 0 (not severe) to 10 (worst imaginable)?													
	Not severe	0	1	2	3	4	5	6	7	8	9	10	Worst imaginable
13. Right now		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
14. On average		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
15. At its best		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
16. At its worst		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

47602

PT/OT Treatment Form

(version 1.5)

www.palladianhealth.com/providers


Palladian

4287

PLEASE COMPLETELY FILL IN THE ONE CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ●)

Section A. Provider information Specialty: <input type="radio"/> PT <input type="radio"/> OT Location: <input type="radio"/> Office <input type="radio"/> Facility First name: _____ Last name: _____ Facility name: <u>SportsCare Physical Therapy</u>		Provider ID: <u>1700895646</u> Service Street Address: <u>814 Fulton Street, Suite B</u> <u>Farmingdale, NY 11735</u> Check if: <input type="radio"/> Workers' compensation injury <input type="radio"/> No-fault injury																
Section B. Patient information First name: _____ Last name: _____ Health plan: _____ Member ID: _____		Date of Birth: <table border="1" style="display: inline-table; text-align: center;"> <tr><td>M</td><td>M</td></tr> <tr><td> </td><td> </td></tr> </table> - <table border="1" style="display: inline-table; text-align: center;"> <tr><td>D</td><td>D</td></tr> <tr><td> </td><td> </td></tr> </table> - <table border="1" style="display: inline-table; text-align: center;"> <tr><td>Y</td><td>Y</td><td>Y</td><td>Y</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table> Onset: _____ Last visit: _____ Requested start: _____	M	M			D	D			Y	Y	Y	Y				
M	M																	
D	D																	
Y	Y	Y	Y															
Section C. Primary region of complaint (select only 1 region) <table border="0" style="width:100%;"> <tr> <td style="vertical-align: top;"> Spine <input type="radio"/> Cervical <input type="radio"/> C/S+radiculopathy <input type="radio"/> Thoracic <input type="radio"/> Lumbosacral <input type="radio"/> L/S+radiculopathy </td> <td style="vertical-align: top;"> Upper extremity Shoulder <input type="radio"/> L <input type="radio"/> R Elbow <input type="radio"/> L <input type="radio"/> R Wrist <input type="radio"/> L <input type="radio"/> R Hand <input type="radio"/> L <input type="radio"/> R </td> <td style="vertical-align: top;"> Lower extremity Hip <input type="radio"/> L <input type="radio"/> R Knee <input type="radio"/> L <input type="radio"/> R Ankle <input type="radio"/> L <input type="radio"/> R Foot <input type="radio"/> L <input type="radio"/> R </td> <td style="vertical-align: top;"> Other (also indicate region) <input type="radio"/> Post-surgical <input type="radio"/> Fracture <input type="radio"/> Other </td> <td style="vertical-align: top;"> Rehabilitation <input type="radio"/> Stroke <input type="radio"/> Spinal cord <input type="radio"/> Neurological <input type="radio"/> Balance/coordination </td> </tr> </table> Primary ICD-9: <table border="1" style="display: inline-table; width: 100px; height: 20px;"> </table> . <table border="1" style="display: inline-table; width: 100px; height: 20px;"> </table>			Spine <input type="radio"/> Cervical <input type="radio"/> C/S+radiculopathy <input type="radio"/> Thoracic <input type="radio"/> Lumbosacral <input type="radio"/> L/S+radiculopathy	Upper extremity Shoulder <input type="radio"/> L <input type="radio"/> R Elbow <input type="radio"/> L <input type="radio"/> R Wrist <input type="radio"/> L <input type="radio"/> R Hand <input type="radio"/> L <input type="radio"/> R	Lower extremity Hip <input type="radio"/> L <input type="radio"/> R Knee <input type="radio"/> L <input type="radio"/> R Ankle <input type="radio"/> L <input type="radio"/> R Foot <input type="radio"/> L <input type="radio"/> R	Other (also indicate region) <input type="radio"/> Post-surgical <input type="radio"/> Fracture <input type="radio"/> Other	Rehabilitation <input type="radio"/> Stroke <input type="radio"/> Spinal cord <input type="radio"/> Neurological <input type="radio"/> Balance/coordination											
Spine <input type="radio"/> Cervical <input type="radio"/> C/S+radiculopathy <input type="radio"/> Thoracic <input type="radio"/> Lumbosacral <input type="radio"/> L/S+radiculopathy	Upper extremity Shoulder <input type="radio"/> L <input type="radio"/> R Elbow <input type="radio"/> L <input type="radio"/> R Wrist <input type="radio"/> L <input type="radio"/> R Hand <input type="radio"/> L <input type="radio"/> R	Lower extremity Hip <input type="radio"/> L <input type="radio"/> R Knee <input type="radio"/> L <input type="radio"/> R Ankle <input type="radio"/> L <input type="radio"/> R Foot <input type="radio"/> L <input type="radio"/> R	Other (also indicate region) <input type="radio"/> Post-surgical <input type="radio"/> Fracture <input type="radio"/> Other	Rehabilitation <input type="radio"/> Stroke <input type="radio"/> Spinal cord <input type="radio"/> Neurological <input type="radio"/> Balance/coordination														
Section D. Red flags (i.e. signs or symptoms that may indicate potentially serious pathology) Does this patient have any red flags (e.g. "yes" answers to PT/OT Patient Intake Form questions 6-20)? <input type="radio"/> No <input type="radio"/> Yes Does this patient have any contraindications to receiving PT/OT care from you for this complaint? <input type="radio"/> No <input type="radio"/> Yes																		
Section E. Evaluation Based on information provided by the patient, your examination, and your treatment history with this patient (if any), what is your evaluation of this patient's primary region of complaint? Please choose <u>one</u> box for each of these columns.																		
Symptoms <input type="radio"/> Very mild <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Very severe	Physical function <input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor	Overall health <input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor	Prognosis <input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor															
Section F. Management plan (i.e. how you plan on managing this patient's complaint)																		
Education about:	<input type="radio"/> Diagnosis	<input type="radio"/> Prognosis	<input type="radio"/> Remaining active	<input type="radio"/> Other	<input type="radio"/> None													
Home/self-care:	<input type="radio"/> Heat/ice	<input type="radio"/> General exercise	<input type="radio"/> Specific exercises	<input type="radio"/> Other	<input type="radio"/> None													
Supervised exercise:	<input type="radio"/> Strengthening	<input type="radio"/> Stretching	<input type="radio"/> Stabilization	<input type="radio"/> Other	<input type="radio"/> None													
Modalities:	<input type="radio"/> Heat/ice	<input type="radio"/> TENS/EMS	<input type="radio"/> Ultrasound	<input type="radio"/> Other	<input type="radio"/> None													
Manual therapy:	<input type="radio"/> Manipulation	<input type="radio"/> Mobilization	<input type="radio"/> Soft tissue	<input type="radio"/> Other	<input type="radio"/> None													
Number of PT/OT visits used since last PT/OT Treatment Form was submitted: <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> 8 <input type="radio"/> 9 <input type="radio"/> 10 <input type="radio"/> Other																		

 Phone:

 -

 -

 Fax:

 -

 -

Provider signature: X

Date

/

/

4287

V:PalladianPTOTreatment(1.5)20100113

Note: By completing and signing this form below, the provider indicates that they:

1. provided/supervised all PT/OT services, and 2. are a participating PT/OT provider, and 3. provided all PT/OT services in a credentialed practice.

Last Name

First name

PLEASE COMPLETELY FILL IN THE ONE CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ●)

1. In general, would you say your child's health is

Excellent

Very good

Good

Fair

Poor

○

○

○

○

○

During the past week, has your child been limited in any of the following activities due to HEALTH problems?
2. Doing things that take some energy such as riding a bike or skating?

Yes, limited a lot

Yes, limited some

Yes, limited a little

No, not limited

○

○

○

○

3. Bending, lifting, or stooping?

Yes, limited a lot

Yes, limited some

Yes, limited a little

No, not limited

○

○

○

○

4. During the past week, has your child been limited in the KIND of schoolwork or activities with friends he/she could do because of PHYSICAL health problems?

Yes, limited a lot

Yes, limited some

Yes, limited a little

No, not limited

○

○

○

○

5. During the past week, has your child been limited in the KIND of schoolwork or activities with friends he/she could do because of EMOTIONAL or BEHAVIORAL problems?

Yes, limited a lot

Yes, limited some

Yes, limited a little

No, not limited

○

○

○

○

6. During the past week, how much bodily pain or discomfort has your child had?

None

Very mild

Mild

Moderate

Severe

Very Severe

○

○

○

○

○

○

7. During the past week, how satisfied do you think your child has felt about his/her friendships?

Very
satisfied

Somewhat
satisfied

Neither satisfied
nor dissatisfied

Somewhat
dissatisfied

Very
dissatisfied

○

○

○

○

○

8. During the past week, how satisfied do you think your child has felt about his/her life overall?

Very
satisfied

Somewhat
satisfied

Neither satisfied
nor dissatisfied

Somewhat
dissatisfied

Very
dissatisfied

○

○

○

○

○

9. During the past week, how much of the time do you think your child acted bothered or upset?

All of the time

Most of the time

Some of the time

A little of the time

None of the time

○

○

○

○

○

10. Compared to other children your child's age, in general would you say his/her behavior is:

Excellent

Very good

Good

Fair

Poor

○

○

○

○

○

How would you rate the severity of your child's main health problem on a scale from 0 to 10?

Not severe

0

1

2

3

4

5

6

7

8

9

10

Worst imaginable

11. Right now

○

○

○

○

○

○

○

○

○

○

○

12. On average

○

○

○

○

○

○

○

○

○

○

○

13. At its best

○

○

○

○

○

○

○

○

○

○

○

14. At its worst

○

○

○

○

○

○

○

○

○

○

○

SportsCare Physical Therapy, PC

Date of call _____ Appt. date/time _____
Name _____ Date of Birth _____ SS# _____
Address _____ City _____ St _____ Zip _____
Home Phone _____ Cell Phone _____ Work Phone _____
Spouse _____ Email address _____

If Child, Parents Names _____
Employer Name/Address _____ Occupation _____
Emergency contact _____ Phone # _____ Relationship to patient _____
Referring MD ☐ Off Name _____ Town _____
Primary Care Name _____ Town _____

Which body part are you going to be treated for? _____

Was this the result of a car accident or work related injury? ☐ Yes ☐ No Date of accident _____

Did you have previous physical therapy this year? ☐ Yes ☐ No If yes, how many visits _____ ☐ Off

How did you hear about us? ☐ Off Family/Friend name: _____

What is your primary insurance? ☐ Off **Other :** _____
Name _____ Address _____ Phone _____
ID# _____ Grp# _____ Subscriber _____ DOB: _____
Subscriber SS# _____ Relationship to patient _____

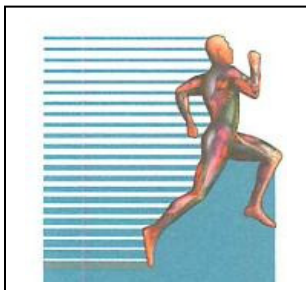
What is your secondary insurance? ☐ Off **Other:** _____
Name _____ Address _____ Phone _____
ID# _____ Grp# _____ Subscriber _____ DOB: _____
Subscriber SS# _____ Relationship to patient _____

IF WORKERS COMP/NO FAULT INSURANCE, PLEASE FILL IN:

Name _____
Address _____ Phone _____ Fax _____
WCB# _____ Carrier Case # _____ File/Claim# _____
Policy # _____ Policy Holder _____ Claim Rep _____
Employer at time of accident _____

I authorize SportsCare Physical Therapy, PC to release any information to my insurance company that is necessary to expedite the payment of my claims. I understand that I am responsible for all charges not covered by my insurance including co-payments, co-insurance and deductibles. I understand that if my account is placed in collection, I am responsible for any and all fees associated with being placed into collection and legal proceedings. I also understand that it is my responsibility to obtain all necessary referrals and prescriptions when appropriate and that if said referrals are not obtained, I am responsible for the charges not covered under the referral. I authorize benefits to be paid to SportsCare Physical Therapy, PC. I authorize SportsCare Physical Therapy, PC to contact the insurance commissioner on my behalf. In the event that my workers compensation or no fault claim is denied, I will make arrangements with SportsCare Physical Therapy, PC to be paid by my private insurance and/or myself.

Patient Signature (or Signature of Parent or Guardian) _____ Date _____



SportsCare Physical Therapy, PC
814 Fulton Street
Farmingdale, NY 11735
516-420-1927/516-420-1952
www.sportscareptpc.com

RELEASE OF INFORMATION

I give consent to SportsCare Physical Therapy, PC to disclose or request all or any part of the patient's medical record to any person or entity which is or may be liable under a contract to the facility, family member or employer of the patient for all or part of the facilities charge, including, but not limited to physical therapy services, insurance companies, workers compensation/no fault carriers, welfare funds or the patient's employer or any New York State or Federal agency per current rules and regulations. SportsCare Physical Therapy, PC has the authority to reject any unreasonable request by an office or institution if such request might violate the patient's right to privacy. I understand that confidentiality of my medical records are protected under state and federal law and that this release gives the consent to SportsCare Physical Therapy, PC only and not to any party to whom such information is released.

Patient/Responsible Party initials: _____

ASSIGNMENT OF BENEFITS

I hereby assign and set forth SportsCare Physical Therapy, PC sufficient monies and/or benefits to which I may be entitled from government agencies, insurance carriers, or others who are financially liable for my medical care to cover the costs of care and treatment rendered to me or my dependent. I request that payment of authorized insurance benefits be made on my behalf directly to SportsCare Physical Therapy, PC.

Patient/Responsible Party initials: _____

CONSENT TO TREAT

I hereby request and consent to SportsCare Physical Therapy, PC to perform physical therapy treatment as prescribed by my physician and/or recommended by my physical therapist. I understand and am informed that, as in the practice of medicine, physical therapy treatment may have some risk. I understand that I have the right to ask about these risks and have any questions answered about my condition and treatment at any time during the course of my care. I authorize the physical therapist to provide any additional care or treatment, which is deemed necessary, should during the course of treatment such action be warranted. I understand that following an initial evaluation and appropriate re-evaluations, a description of my condition/diagnosis, presenting signs and symptoms, contraindications and precautions to treatment and expected benefits of treatment will be explained to me. I have read and understand this consent and authorize SportsCare Physical Therapy, PC (including physical therapist assistants and physical therapy students in training) to administer treatment under the direction and supervision of the physical therapist.

Patient/Responsible Party initials: _____

ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

SportsCare Physical Therapy, PC is committed to preserving the privacy of your personal health information. We have available a detailed notice of privacy practices which explain your rights and our obligations under the law. I acknowledge on this date that a copy of the NOTICE OF PRIVACY PRACTICES has been made available to me.

Patient/Responsible Party initials: _____

We value your time and as such, appointment times are at a premium. To get the best results from your treatment, it is imperative that you attend PT consistently. **If you cancel, please do so 24 hours in advance.** This will allow another patient to obtain that spot and receive their treatment. You may be subject to calling for available appointments (we will not pre book appointments) if you "No Show" (miss without calling) 3 visits. No Showing for appointments prevents someone else from receiving treatment and leaves us with an empty time in our work day. In addition, your insurance company may inquire about your attendance which may affect their determination in approving and paying for continued treatment. **Cancellations made within 24 hours of your appointment and "No Shows" will be charged a \$25.00 fee.** This is neither billable nor payable by your insurance company and will be your responsibility.

Copayments are due upon arrival and prior to treatment. We accept cash, checks and credit cards (Visa, MC, Discover).

Patient/Responsible party signature

SCPT team member signature

Off / Off / Off

Date
Off / Off / Off

Date