

# SportsCare Physical & Aquatic Therapy

## Medical/Physical History form BACK/LOWER EXTREMITIES

Patient Name: \_\_\_\_\_ Diagnosis: \_\_\_\_\_ Date: \_\_\_\_\_

Age \_\_\_\_\_ Height: \_\_\_\_\_ inches Weight: \_\_\_\_\_ lbs.

Name of your doctor: \_\_\_\_\_ Type of doctor: \_\_\_\_\_ :

Date of Injury: \_\_\_\_\_. Date of Surgery: \_\_\_\_\_.

History of present illness/injury/pain: \_\_\_\_\_.

Primary Concern: (Why am I here for physical therapy):

Check all that apply:

1. Base level of function: ☐ walking ☐ negotiating obstacles ☐ moving around ☐ standing ☐ stairs ☐ Lifting  
(was able to do) ☐ running ☐ hopping ☐ squatting ☐ sleep ☐ shopping ☐ house keeping ☐ cooking
2. Functional limitation(s): ☐ walking ☐ negotiating obstacles ☐ moving around ☐ standing ☐ stairs ☐ Lifting  
(can't do) ☐ running ☐ hopping ☐ squatting ☐ sleep ☐ shopping ☐ house keeping ☐ cooking

Pain scale: (0 is best, 10 is worst)>>> worst: \_\_\_\_\_ current: \_\_\_\_\_ at best: \_\_\_\_\_

Pain description: \_\_\_\_\_ Pain Behavior in 24 hour cycle: \_\_\_\_\_ Pain frequency: \_\_\_\_\_

Aggravating factors:

Better with:

General Health: Good

Previous history of similar symptoms: \_\_\_\_\_ How many episodes? \_\_\_\_\_ The year of 1<sup>st</sup> episode? \_\_\_\_\_

History of falls: \_\_\_\_\_ how many? \_\_\_\_\_

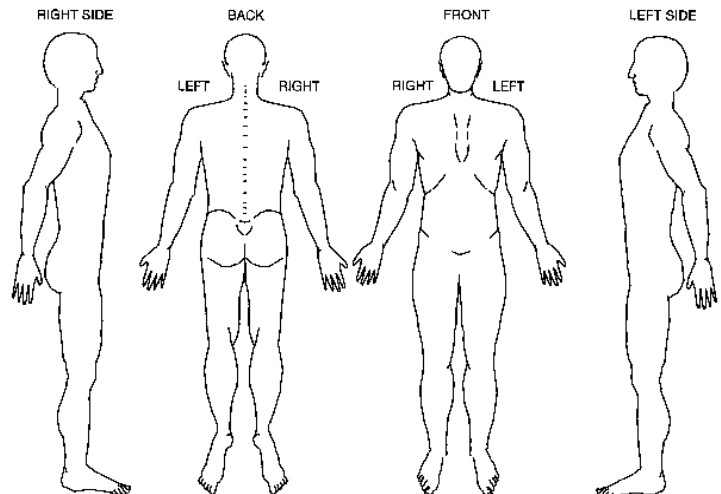
Medical History: No known significant Medical History

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Heart disease        | <input type="checkbox"/> Stroke                 | <input type="checkbox"/> Joint replacement    | <input type="checkbox"/> Strain           |
| <input type="checkbox"/> Diabetes Type I      | <input type="checkbox"/> High blood pressure    | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Sprain           |
| <input type="checkbox"/> Diabetes Type II     | <input type="checkbox"/> Obesity                | <input type="checkbox"/> Osteoarthritis       | <input type="checkbox"/> Bone fracture    |
| <input type="checkbox"/> Fainting spells      | <input type="checkbox"/> Pacemaker              | <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Tendonitis       |
| <input type="checkbox"/> Lupus                | <input type="checkbox"/> Parkinson              | <input type="checkbox"/> Muscular dystrophy   | <input type="checkbox"/> Bursitis         |
| <input type="checkbox"/> Alzheimer's/Dementia | <input type="checkbox"/> Traumatic brain injury | <input type="checkbox"/> Cancer               | <input type="checkbox"/> Spinal surgeries |
| <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Seizures               | <input type="checkbox"/> Shortness of breath  | <input type="checkbox"/> Allergies: _____ |

Diagnostic Testing/Imaging: ☐ MRI ☐ CT scan ☐ X ray Findings: \_\_\_\_\_

What are your goal(s) in physical therapy? \_\_\_\_\_

Identify the area(s) of your concern by moving your cursor over the site(s) of your symptoms and checking them off (X) >>>



### OFFICIAL USE ONLY:

Total Score: \_\_\_\_\_ pts.; \_\_\_\_\_ %

Total Score: \_\_\_\_\_ pts.; \_\_\_\_\_ %

# Patient's \_\_\_\_\_ Date \_\_\_\_\_ **The Lower Extremity Functional Scale**

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your lower limb problem for which you are currently seeking attention. Please provide an answer for **each** activity.

**Today, do you or would you have any difficulty at all with:**

	Activities	Extreme Difficulty or Unable to Perform Activity	Quite a Bit of Difficulty	Moderate Difficulty	A Little Bit of Difficulty	No Difficulty
1	Any of your usual work, housework, or school activities.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
2	Your usual hobbies, recreational or sporting activities.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
3	Getting into or out of the bath.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
4	Walking between rooms.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
5	Putting on your shoes or socks.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
6	Squatting.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
7	Lifting an object, like a bag of groceries from the floor.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
8	Performing light activities around your home.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
9	Performing heavy activities around your home.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
10	Getting into or out of a car.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
11	Walking 2 blocks.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
12	Walking a mile.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
13	Going up or down 10 stairs (about 1 flight of stairs).	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
14	Standing for 1 hour.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
15	Sitting for 1 hour.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
16	Running on even ground.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
17	Running on uneven ground.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
18	Making sharp turns while running fast.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
19	Hopping.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
20	Rolling over in bed.	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Column Totals:						

Minimum Level of Detectable Change (90% Confidence): 9 points      SCORE: \_\_\_\_ / 80 (fill in the blank with the sum of your responses)

[illegible]



17131

PT/OT Patient Intake Form  
(version 1.5)

www.palladianhealth.com/members

Palladian

Last name

First name

PLEASE COMPLETELY FILL IN THE ONE CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ● )

1. Why are you here today? If there are many reasons, please choose only the most important or most severe one.

- |  |                                |                             |  |   |
|--|--------------------------------|-----------------------------|--|---|
| <input type="radio"/> Neck               | <input type="radio"/> Shoulder | <input type="radio"/> Hip   | <input type="radio"/> Stroke rehabilitation      | <b>Other (also indicate region)</b><br><input type="radio"/> Post-surgical<br><input type="radio"/> Fracture<br><input type="radio"/> Other |
| <input type="radio"/> Upper/<br>mid-back | <input type="radio"/> Elbow    | <input type="radio"/> Knee  | <input type="radio"/> Spinal cord rehabilitation |   |
| <input type="radio"/> Lower back         | <input type="radio"/> Wrist    | <input type="radio"/> Ankle | <input type="radio"/> Neurologic rehabilitation  |   |
|  | <input type="radio"/> Hand     | <input type="radio"/> Foot  | <input type="radio"/> Balance/coordination       |   |

2. When did this problem first begin?

- ☐
- Less than 1 month ago
- ☐
- 1-3 months ago
- ☐
- 4-6 months ago
- ☐
- 7-12 months ago
- ☐
- More than 1 year ago

Has this problem...

No   Yes

3. ... resulted from a work injury (i.e. workers' compensation insurance claim)?

☐   ☐

4. ... resulted from a motor vehicle accident (i.e. no fault insurance claim)?

☐   ☐

5. ... recently been evaluated by a medical doctor?

☐   ☐

Since this problem began, have you noticed...

No   Yes

6. ... so much weakness in both your arms that you are unable to lift them?

☐   ☐

7. ... so much weakness in both your legs that you are unable to walk without help?

☐   ☐

8. ... difficulty controlling your bowel or bladder, or have you been unable to urinate?

☐   ☐

9. ... pain in your chest, shortness of breath, or coughing up blood?

☐   ☐

10. ... that one leg felt more warm, more swollen, more red, or more tender than the other?

☐   ☐

Have you recently...

No   Yes

11. ... had blurred vision, double vision, dizziness, or fainting?

☐   ☐

12. ... had any type of infection, fever, or chills?

☐   ☐

13. ... had any type of surgery, surgical procedure, or medical procedure?

☐   ☐

14. ... lost a lot of weight without really trying to (i.e without being on a diet)?

☐   ☐

15. ... had any type of accident, fall, or trauma?

☐   ☐

Have you ever...

No   Yes

16. ... been diagnosed with cancer?

☐   ☐

17. ... been diagnosed with osteoporosis (i.e. weak, soft, or brittle bones)?

☐   ☐

18. ... been diagnosed with a weakened immune system?

☐   ☐

19. ... used any injected drugs (i.e. non-prescription drugs)?

☐   ☐

20. ... used steroids such as prednisone for more than 4 weeks?

☐   ☐

Is this problem something that ...

No   Yes

21. ... you've had before?

☐   ☐

22. ... generally gets worse (i.e more severe or frequent) with movement, activity, or exercise?

☐   ☐

23. ... generally gets better (i.e. less severe or frequent) with rest?

☐   ☐

24. ... was recently examined with diagnostic imaging tests such as x-rays, MRI scan, or CT scan?

☐   ☐

25. ... is also being treated by a health professional other than a physical or occupational therapist?

☐   ☐

17131





47602

PT/OT Patient Outcomes Form  
(version 1.5)

www.palladianhealth.com/members



<b>Last Name</b>		<b>First name</b>											
<p><b>PLEASE COMPLETELY FILL IN THE <u>ONE</u> CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ● )</b></p>													
		Excellent	Very good	Good	Fair	Poor							
1. In general, would you say your health is		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
<p>The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?</p>													
2. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf		Yes, limited a lot	Yes, limited a little	No, not limited at all									
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>									
3. Climbing several flights of stairs		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>									
<p>During the past week, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?</p>													
4. Accomplished less than you would like		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
5. Were limited in the kind of work or other activities		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
<p>During the past week, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?</p>													
6. Accomplished less than you would like		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
7. Did work or other activities less carefully than usual		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
8. During the <u>past week</u> , how much did pain interfere with your normal work (including work outside the home and housework)?		Not at all	A little bit	Moderately	Quite a bit	Extremely							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
<p>These questions are about how you feel and how things have been with you during the past week. For each question, please give the one answer that comes closest to the way you have been feeling.</p>													
How much of the time during the <u>past week</u> ...		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
9. Have you felt calm and peaceful?		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
10. Did you have a lot of energy?		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
11. Have you felt downhearted and depressed?		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
12. During the <u>past week</u> , how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?		All of the time	Most of the time	Some of the time	A little of the time	None of the time							
		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>							
<p>How would you rate the severity of your main problem on a scale from 0 (not severe) to 10 (worst imaginable)?</p>													
	Not severe	0	1	2	3	4	5	6	7	8	9	10	Worst imaginable
13. Right now		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
14. On average		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
15. At its best		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
16. At its worst		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

47602



## PT/OT Treatment Form

(version 1.5)

www.palladianhealth.com/providers


**Palladian**

4287

PLEASE COMPLETELY FILL IN THE ONE CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ● )

<b>Section A. Provider information</b> Specialty: <input type="radio"/> PT <input type="radio"/> OT Location: <input type="radio"/> Office <input type="radio"/> Facility First name: _____ Last name: _____ Facility name: <u>SportsCare Physical Therapy</u>		Provider ID: <u>1700895646</u> Service Street Address: <u>814 Fulton Street, Suite B</u> <u>Farmingdale, NY 11735</u> Check if: <input type="radio"/> Workers' compensation injury <input type="radio"/> No-fault injury																														
<b>Section B. Patient information</b> First name: _____ Last name: _____ Health plan: _____ Member ID: _____		Date of Birth: <table border="1" style="display: inline-table; text-align: center;"> <tr><td>M</td><td>M</td></tr> <tr><td> </td><td> </td></tr> </table> - <table border="1" style="display: inline-table; text-align: center;"> <tr><td>D</td><td>D</td></tr> <tr><td> </td><td> </td></tr> </table> - <table border="1" style="display: inline-table; text-align: center;"> <tr><td>Y</td><td>Y</td><td>Y</td><td>Y</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table> Onset: _____ Last visit: _____ Requested start: _____	M	M			D	D			Y	Y	Y	Y																		
M	M																															
D	D																															
Y	Y	Y	Y																													
<b>Section C. Primary region of complaint (select only 1 region)</b> <table style="width:100%;"> <tr> <th style="width:20%;">Spine</th> <th style="width:20%;">Upper extremity</th> <th style="width:20%;">Lower extremity</th> <th style="width:20%;">Other (also indicate region)</th> <th style="width:20%;">Rehabilitation</th> </tr> <tr> <td> <input type="radio"/> Cervical  <input type="radio"/> C/S+radiculopathy  <input type="radio"/> Thoracic  <input type="radio"/> Lumbosacral  <input type="radio"/> L/S+radiculopathy         </td> <td>           Shoulder <input type="radio"/> L <input type="radio"/> R            Elbow <input type="radio"/> L <input type="radio"/> R            Wrist <input type="radio"/> L <input type="radio"/> R            Hand <input type="radio"/> L <input type="radio"/> R         </td> <td>           Hip <input type="radio"/> L <input type="radio"/> R            Knee <input type="radio"/> L <input type="radio"/> R            Ankle <input type="radio"/> L <input type="radio"/> R            Foot <input type="radio"/> L <input type="radio"/> R         </td> <td> <input type="radio"/> Post-surgical  <input type="radio"/> Fracture  <input type="radio"/> Other         </td> <td> <input type="radio"/> Stroke  <input type="radio"/> Spinal cord  <input type="radio"/> Neurological  <input type="radio"/> Balance/coordination         </td> </tr> </table> Primary ICD-9: <table border="1" style="display: inline-table; width: 100px;"> <tr><td> </td><td> </td><td> </td></tr> </table>			Spine	Upper extremity	Lower extremity	Other (also indicate region)	Rehabilitation	<input type="radio"/> Cervical <input type="radio"/> C/S+radiculopathy <input type="radio"/> Thoracic <input type="radio"/> Lumbosacral <input type="radio"/> L/S+radiculopathy	Shoulder <input type="radio"/> L <input type="radio"/> R Elbow <input type="radio"/> L <input type="radio"/> R Wrist <input type="radio"/> L <input type="radio"/> R Hand <input type="radio"/> L <input type="radio"/> R	Hip <input type="radio"/> L <input type="radio"/> R Knee <input type="radio"/> L <input type="radio"/> R Ankle <input type="radio"/> L <input type="radio"/> R Foot <input type="radio"/> L <input type="radio"/> R	<input type="radio"/> Post-surgical <input type="radio"/> Fracture <input type="radio"/> Other	<input type="radio"/> Stroke <input type="radio"/> Spinal cord <input type="radio"/> Neurological <input type="radio"/> Balance/coordination																				
Spine	Upper extremity	Lower extremity	Other (also indicate region)	Rehabilitation																												
<input type="radio"/> Cervical <input type="radio"/> C/S+radiculopathy <input type="radio"/> Thoracic <input type="radio"/> Lumbosacral <input type="radio"/> L/S+radiculopathy	Shoulder <input type="radio"/> L <input type="radio"/> R Elbow <input type="radio"/> L <input type="radio"/> R Wrist <input type="radio"/> L <input type="radio"/> R Hand <input type="radio"/> L <input type="radio"/> R	Hip <input type="radio"/> L <input type="radio"/> R Knee <input type="radio"/> L <input type="radio"/> R Ankle <input type="radio"/> L <input type="radio"/> R Foot <input type="radio"/> L <input type="radio"/> R	<input type="radio"/> Post-surgical <input type="radio"/> Fracture <input type="radio"/> Other	<input type="radio"/> Stroke <input type="radio"/> Spinal cord <input type="radio"/> Neurological <input type="radio"/> Balance/coordination																												
<b>Section D. Red flags (i.e. signs or symptoms that may indicate potentially serious pathology)</b> Does this patient have any red flags (e.g. "yes" answers to PT/OT Patient Intake Form questions 6-20)? <input type="radio"/> No <input type="radio"/> Yes Does this patient have any contraindications to receiving PT/OT care from you for this complaint? <input type="radio"/> No <input type="radio"/> Yes																																
<b>Section E. Evaluation</b> Based on information provided by the patient, your examination, and your treatment history with this patient (if any), what is your evaluation of this patient's primary region of complaint? Please choose <u>one</u> box for each of these columns. <table style="width:100%;"> <tr> <th style="width:20%;">Symptoms</th> <th style="width:20%;">Physical function</th> <th style="width:20%;">Overall health</th> <th style="width:20%;">Prognosis</th> <th style="width:20%;"></th> </tr> <tr> <td> <input type="radio"/> Very mild  <input type="radio"/> Mild  <input type="radio"/> Moderate  <input type="radio"/> Severe  <input type="radio"/> Very severe         </td> <td> <input type="radio"/> Very good  <input type="radio"/> Good  <input type="radio"/> Moderate  <input type="radio"/> Poor  <input type="radio"/> Very poor         </td> <td> <input type="radio"/> Very good  <input type="radio"/> Good  <input type="radio"/> Moderate  <input type="radio"/> Poor  <input type="radio"/> Very poor         </td> <td> <input type="radio"/> Very good  <input type="radio"/> Good  <input type="radio"/> Moderate  <input type="radio"/> Poor  <input type="radio"/> Very poor         </td> <td style="background-color: #cccccc;"></td> </tr> </table>			Symptoms	Physical function	Overall health	Prognosis		<input type="radio"/> Very mild <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Very severe	<input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor	<input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor	<input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor																					
Symptoms	Physical function	Overall health	Prognosis																													
<input type="radio"/> Very mild <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Very severe	<input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor	<input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor	<input type="radio"/> Very good <input type="radio"/> Good <input type="radio"/> Moderate <input type="radio"/> Poor <input type="radio"/> Very poor																													
<b>Section F. Management plan (i.e. how you plan on managing this patient's complaint)</b> <table style="width:100%;"> <tr> <td>Education about:</td> <td><input type="radio"/> Diagnosis</td> <td><input type="radio"/> Prognosis</td> <td><input type="radio"/> Remaining active</td> <td><input type="radio"/> Other</td> <td><input type="radio"/> None</td> </tr> <tr> <td>Home/self-care:</td> <td><input type="radio"/> Heat/ice</td> <td><input type="radio"/> General exercise</td> <td><input type="radio"/> Specific exercises</td> <td><input type="radio"/> Other</td> <td><input type="radio"/> None</td> </tr> <tr> <td>Supervised exercise:</td> <td><input type="radio"/> Strengthening</td> <td><input type="radio"/> Stretching</td> <td><input type="radio"/> Stabilization</td> <td><input type="radio"/> Other</td> <td><input type="radio"/> None</td> </tr> <tr> <td>Modalities:</td> <td><input type="radio"/> Heat/ice</td> <td><input type="radio"/> TENS/EMS</td> <td><input type="radio"/> Ultrasound</td> <td><input type="radio"/> Other</td> <td><input type="radio"/> None</td> </tr> <tr> <td>Manual therapy:</td> <td><input type="radio"/> Manipulation</td> <td><input type="radio"/> Mobilization</td> <td><input type="radio"/> Soft tissue</td> <td><input type="radio"/> Other</td> <td><input type="radio"/> None</td> </tr> </table> Number of PT/OT visits used since last PT/OT Treatment Form was submitted: <input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> 8 <input type="radio"/> 9 <input type="radio"/> 10 <input type="radio"/> Other			Education about:	<input type="radio"/> Diagnosis	<input type="radio"/> Prognosis	<input type="radio"/> Remaining active	<input type="radio"/> Other	<input type="radio"/> None	Home/self-care:	<input type="radio"/> Heat/ice	<input type="radio"/> General exercise	<input type="radio"/> Specific exercises	<input type="radio"/> Other	<input type="radio"/> None	Supervised exercise:	<input type="radio"/> Strengthening	<input type="radio"/> Stretching	<input type="radio"/> Stabilization	<input type="radio"/> Other	<input type="radio"/> None	Modalities:	<input type="radio"/> Heat/ice	<input type="radio"/> TENS/EMS	<input type="radio"/> Ultrasound	<input type="radio"/> Other	<input type="radio"/> None	Manual therapy:	<input type="radio"/> Manipulation	<input type="radio"/> Mobilization	<input type="radio"/> Soft tissue	<input type="radio"/> Other	<input type="radio"/> None
Education about:	<input type="radio"/> Diagnosis	<input type="radio"/> Prognosis	<input type="radio"/> Remaining active	<input type="radio"/> Other	<input type="radio"/> None																											
Home/self-care:	<input type="radio"/> Heat/ice	<input type="radio"/> General exercise	<input type="radio"/> Specific exercises	<input type="radio"/> Other	<input type="radio"/> None																											
Supervised exercise:	<input type="radio"/> Strengthening	<input type="radio"/> Stretching	<input type="radio"/> Stabilization	<input type="radio"/> Other	<input type="radio"/> None																											
Modalities:	<input type="radio"/> Heat/ice	<input type="radio"/> TENS/EMS	<input type="radio"/> Ultrasound	<input type="radio"/> Other	<input type="radio"/> None																											
Manual therapy:	<input type="radio"/> Manipulation	<input type="radio"/> Mobilization	<input type="radio"/> Soft tissue	<input type="radio"/> Other	<input type="radio"/> None																											

 Phone: 

516
-----

 - 

420
-----

 - 

1927
------

 Fax: 

516
-----

 - 

420
-----

 - 

1952
------

Provider signature: X

Date

--

/

--

/

--

--

--

4287

V:PalladianPTOTreatment(1.5)20100113

Note: By completing and signing this form below, the provider indicates that they:

1. provided/supervised all PT/OT services, and 2. are a participating PT/OT provider, and 3. provided all PT/OT services in a credentialed practice.

## SportsCare Physical Therapy, PC

Date of call \_\_\_\_\_ Appt. date/time \_\_\_\_\_  
Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ SS# \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Spouse \_\_\_\_\_ Email address \_\_\_\_\_

If Child, Parents Names \_\_\_\_\_  
Employer Name/Address \_\_\_\_\_ Occupation \_\_\_\_\_  
Emergency contact \_\_\_\_\_ Phone # \_\_\_\_\_ Relationship to patient \_\_\_\_\_  
Referring MD Name \_\_\_\_\_ Town \_\_\_\_\_  
Primary Care Name \_\_\_\_\_ Town \_\_\_\_\_

Which body part are you going to be treated for? \_\_\_\_\_

Was this the result of a car accident or work related injury? Yes No Date of accident \_\_\_\_\_

Did you have previous physical therapy this year? Yes No If yes, how many visits \_\_\_\_\_

How did you hear about us? Family/Friend name: \_\_\_\_\_

### What is your primary insurance?

Other : \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_  
ID# \_\_\_\_\_ Grp# \_\_\_\_\_ Subscriber \_\_\_\_\_ DOB: \_\_\_\_\_  
Subscriber SS# \_\_\_\_\_ Relationship to patient \_\_\_\_\_

### What is your secondary insurance?

Other: \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_  
ID# \_\_\_\_\_ Grp# \_\_\_\_\_ Subscriber \_\_\_\_\_ DOB: \_\_\_\_\_  
Subscriber SS# \_\_\_\_\_ Relationship to patient \_\_\_\_\_

### IF WORKERS COMP/NO FAULT INSURANCE, PLEASE FILL IN:

Name \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_  
WCB# \_\_\_\_\_ Carrier Case # \_\_\_\_\_ File/Claim# \_\_\_\_\_  
Policy # \_\_\_\_\_ Policy Holder \_\_\_\_\_ Claim Rep \_\_\_\_\_  
Employer at time of accident \_\_\_\_\_

I authorize SportsCare Physical Therapy, PC to release any information to my insurance company that is necessary to expedite the payment of my claims. I understand that I am responsible for all charges not covered by my insurance including co-payments, co-insurance and deductibles. I understand that if my account is placed in collection, I am responsible for any and all fees associated with being placed into collection and legal proceedings. I also understand that it is my responsibility to obtain all necessary referrals and prescriptions when appropriate and that if said referrals are not obtained, I am responsible for the charges not covered under the referral. I authorize benefits to be paid to SportsCare Physical Therapy, PC. I authorize SportsCare Physical Therapy, PC to contact the insurance commissioner on my behalf. In the event that my workers compensation or no fault claim is denied, I will make arrangements with SportsCare Physical Therapy, PC to be paid by my private insurance and/or myself.

Patient Signature (or Signature of Parent or Guardian) \_\_\_\_\_ Date \_\_\_\_\_

Last Name

First name

PLEASE COMPLETELY FILL IN THE ONE CIRCLE THAT BEST DESCRIBES YOUR ANSWER. (Example: ● )

1. In general, would you say your child's health is

Excellent      Very good      Good      Fair      Poor  
☐      ☐      ☐      ☐      ☐

During the past week, has your child been limited in any of the following activities due to HEALTH problems?  
2. Doing things that take some energy such as riding a bike or skating?

Yes, limited a lot      Yes, limited some      Yes, limited a little      No, not limited  
☐      ☐      ☐      ☐

3. Bending, lifting, or stooping?

Yes, limited a lot      Yes, limited some      Yes, limited a little      No, not limited  
☐      ☐      ☐      ☐

4. During the past week, has your child been limited in the KIND of schoolwork or activities with friends he/she could do because of PHYSICAL health problems?

Yes, limited a lot      Yes, limited some      Yes, limited a little      No, not limited  
☐      ☐      ☐      ☐

5. During the past week, has your child been limited in the KIND of schoolwork or activities with friends he/she could do because of EMOTIONAL or BEHAVIORAL problems?

Yes, limited a lot      Yes, limited some      Yes, limited a little      No, not limited  
☐      ☐      ☐      ☐

6. During the past week, how much bodily pain or discomfort has your child had?

None      Very mild      Mild      Moderate      Severe      Very Severe  
☐      ☐      ☐      ☐      ☐      ☐

7. During the past week, how satisfied do you think your child has felt about his/her friendships?

Very satisfied      Somewhat satisfied      Neither satisfied nor dissatisfied      Somewhat dissatisfied      Very dissatisfied  
☐      ☐      ☐      ☐      ☐

8. During the past week, how satisfied do you think your child has felt about his/her life overall?

Very satisfied      Somewhat satisfied      Neither satisfied nor dissatisfied      Somewhat dissatisfied      Very dissatisfied  
☐      ☐      ☐      ☐      ☐

9. During the past week, how much of the time do you think your child acted bothered or upset?

All of the time      Most of the time      Some of the time      A little of the time      None of the time  
☐      ☐      ☐      ☐      ☐

10. Compared to other children your child's age, in general would you say his/her behavior is:

Excellent      Very good      Good      Fair      Poor  
☐      ☐      ☐      ☐      ☐

How would you rate the severity of your child's main health problem on a scale from 0 to 10?

Not severe      0      1      2      3      4      5      6      7      8      9      10      Worst imaginable

11. Right now

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

12. On average

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

13. At its best

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

14. At its worst

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐



## SportsCare Physical Therapy, PC

Date of call \_\_\_\_\_ Appt. date/time \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ SS# \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Spouse \_\_\_\_\_ Email address \_\_\_\_\_

If Child, Parents Names \_\_\_\_\_

Employer Name/Address \_\_\_\_\_ Occupation \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone # \_\_\_\_\_ Relationship to patient \_\_\_\_\_

Referring MD Name \_\_\_\_\_ Town \_\_\_\_\_

Primary Care Name \_\_\_\_\_ Town \_\_\_\_\_

Which body part are you going to be treated for? \_\_\_\_\_

Was this the result of a car accident or work related injury? ☐ Yes ☐ No Date of accident \_\_\_\_\_

Did you have previous physical therapy this year? ☐ Yes ☐ No If yes, how many visits \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ Family/Friend name: \_\_\_\_\_

### What is your primary insurance?

Name \_\_\_\_\_ Address \_\_\_\_\_ Other : \_\_\_\_\_ Phone \_\_\_\_\_

ID# \_\_\_\_\_ Grp# \_\_\_\_\_ Subscriber \_\_\_\_\_ DOB: \_\_\_\_\_

Subscriber SS# \_\_\_\_\_ Relationship to patient \_\_\_\_\_

### What is your secondary insurance?

Name \_\_\_\_\_ Address \_\_\_\_\_ Other: \_\_\_\_\_ Phone \_\_\_\_\_

ID# \_\_\_\_\_ Grp# \_\_\_\_\_ Subscriber \_\_\_\_\_ DOB: \_\_\_\_\_

Subscriber SS# \_\_\_\_\_ Relationship to patient \_\_\_\_\_

### IF WORKERS COMP/NO FAULT INSURANCE, PLEASE FILL IN:

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

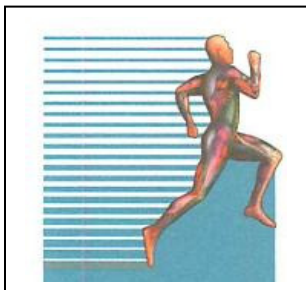
WCB# \_\_\_\_\_ Carrier Case # \_\_\_\_\_ File/Claim# \_\_\_\_\_

Policy # \_\_\_\_\_ Policy Holder \_\_\_\_\_ Claim Rep \_\_\_\_\_

Employer at time of accident \_\_\_\_\_

I authorize SportsCare Physical Therapy, PC to release any information to my insurance company that is necessary to expedite the payment of my claims. I understand that I am responsible for all charges not covered by my insurance including co-payments, co-insurance and deductibles. I understand that if my account is placed in collection, I am responsible for any and all fees associated with being placed into collection and legal proceedings. I also understand that it is my responsibility to obtain all necessary referrals and prescriptions when appropriate and that if said referrals are not obtained, I am responsible for the charges not covered under the referral. I authorize benefits to be paid to SportsCare Physical Therapy, PC. I authorize SportsCare Physical Therapy, PC to contact the insurance commissioner on my behalf. In the event that my workers compensation or no fault claim is denied, I will make arrangements with SportsCare Physical Therapy, PC to be paid by my private insurance and/or myself.

Patient Signature (or Signature of Parent or Guardian) \_\_\_\_\_ Date \_\_\_\_\_



SportsCare Physical Therapy, PC  
814 Fulton Street  
Farmingdale, NY 11735  
516-420-1927/516-420-1952  
www.sportscareptpc.com

#### RELEASE OF INFORMATION

I give consent to SportsCare Physical Therapy, PC to disclose or request all or any part of the patient's medical record to any person or entity which is or may be liable under a contract to the facility, family member or employer of the patient for all or part of the facilities charge, including, but not limited to physical therapy services, insurance companies, workers compensation/no fault carriers, welfare funds or the patient's employer or any New York State or Federal agency per current rules and regulations. SportsCare Physical Therapy, PC has the authority to reject any unreasonable request by an office or institution if such request might violate the patient's right to privacy. I understand that confidentiality of my medical records are protected under state and federal law and that this release gives the consent to SportsCare Physical Therapy, PC only and not to any party to whom such information is released.

Patient/Responsible Party initials: \_\_\_\_\_

#### ASSIGNMENT OF BENEFITS

I hereby assign and set forth SportsCare Physical Therapy, PC sufficient monies and/or benefits to which I may be entitled from government agencies, insurance carriers, or others who are financially liable for my medical care to cover the costs of care and treatment rendered to me or my dependent. I request that payment of authorized insurance benefits be made on my behalf directly to SportsCare Physical Therapy, PC.

Patient/Responsible Party initials: \_\_\_\_\_

#### CONSENT TO TREAT

I hereby request and consent to SportsCare Physical Therapy, PC to perform physical therapy treatment as prescribed by my physician and/or recommended by my physical therapist. I understand and am informed that, as in the practice of medicine, physical therapy treatment may have some risk. I understand that I have the right to ask about these risks and have any questions answered about my condition and treatment at any time during the course of my care. I authorize the physical therapist to provide any additional care or treatment, which is deemed necessary, should during the course of treatment such action be warranted. I understand that following an initial evaluation and appropriate re-evaluations, a description of my condition/diagnosis, presenting signs and symptoms, contraindications and precautions to treatment and expected benefits of treatment will be explained to me. I have read and understand this consent and authorize SportsCare Physical Therapy, PC (including physical therapist assistants and physical therapy students in training) to administer treatment under the direction and supervision of the physical therapist.

Patient/Responsible Party initials: \_\_\_\_\_

#### ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

SportsCare Physical Therapy, PC is committed to preserving the privacy of your personal health information. We have available a detailed notice of privacy practices which explain your rights and our obligations under the law. I acknowledge on this date that a copy of the NOTICE OF PRIVACY PRACTICES has been made available to me.

Patient/Responsible Party initials: \_\_\_\_\_

We value your time and as such, appointment times are at a premium. To get the best results from your treatment, it is imperative that you attend PT consistently. **If you cancel, please do so 24 hours in advance.** This will allow another patient to obtain that spot and receive their treatment. You may be subject to calling for available appointments (we will not pre book appointments) if you "No Show" (miss without calling) 3 visits. No Showing for appointments prevents someone else from receiving treatment and leaves us with an empty time in our work day. In addition, your insurance company may inquire about your attendance which may affect their determination in approving and paying for continued treatment. **Cancellations made within 24 hours of your appointment and "No Shows" will be charged a \$25.00 fee.** This is neither billable nor payable by your insurance company and will be your responsibility.

**Copayments are due upon arrival and prior to treatment.** We accept cash, checks and credit cards (Visa, MC, Discover).

\_\_\_\_\_  
Patient/Responsible party signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
SCPT team member signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date